

# NAVAJO COUNTY

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# NEWS RELEASE

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## **Toastmasters is the Answer!**

*Navajo County is Hosting a Toastmasters Club Demo Meeting in Holbrook to Become a Better Speaker*

**HOLBROOK, AZ** – Navajo County will be hosting a Toastmasters Club demo meeting on March 23, 2015 at the new Navajo County Public Works conference room from 12 to 1pm. Toastmasters will give you the skills and confidence you need to effectively express yourself in any situation. Whether you are a professional, student, stay-at-home parent or retiree, Toastmasters is the most efficient, enjoyable and affordable way of gaining great communication skills. By learning to effectively formulate and express your ideas, you open an entirely new world of possibilities. You'll be more persuasive and confident when giving presentations, and you'll improve your one-on-one dealings with others.

Become the speaker and leader you want to be. Confident, charismatic leaders weren't born that way. As you progress in Toastmasters, you'll get to practice your skills by organizing and conducting meetings and motivating other to help you. Become a better negotiator. Gain trust. Sharpen your management skills. Inspire your team. Be decisive!

For those interested in checking out what Toastmasters are all about if you reside in the South or Central part Navajo County, Rim Talkers Toastmaster Club meet at the Lakeside Fire Station on Wednesday's from 12 to 1pm.

"No one can cheat you of ultimate success but yourself." – Ralph Waldo Emerson

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